

# SUBTLE ENERGIES & ENERGY MEDICINE

Volume Sixteen • Number Three

Visible Light Radiated  
from the Heart  
with Heart Rhythm  
Meditation

A Personal Experience  
of Unfolding Self  
Through Singing

Peripheral Light Stimulation  
for Rapid Emotional,  
Somatic and Transpersonal  
Regulation

Illuminated Physiology and  
Medical Uses of Light

Our Sonic Pathways

From Galaxies to Cells,  
Bridging Science,  
Sound Vibration  
and Consciousness Through  
the Music of the Spheres





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The International Society for the Study of Subtle Energies and Energy Medicine (ISSSEEM) is an interdisciplinary organization for the study of the basic sciences and medical and therapeutic applications of subtle energies. The Society was organized in the fall of 1989 and is a non-profit, public benefit corporation based in Colorado.

*Subtle Energies & Energy Medicine* is a premier peer-reviewed, scientific journal designed to meet the needs of experimental scientists, other empirical researchers, clinicians, and theoreticians with interests in consciousness, healing, and the dynamics and limits of human potential. Published papers address the study of subtle energies and informational systems that interact with the human psyche and physiology, either enhancing or perturbing healthy homeostasis.

The Journal is explicitly interdisciplinary in order to allow those with a deep understanding of one discipline to compare insights with those others working along different paths. The Journal provides methodological and clinical guidelines, theoretical background, and scientific credibility for subtle energies applications and supports increased dialogue among clinicians, healers, and the scientific and medical communities.

The Journal is a unique outlet for research and commentary at the interface of several cutting-edge fields, including complementary and alternative medicine, applied psychophysiology and biofeedback, psi research, the new physics, and bioelectromagnetic medicine. Published papers include state-of-the-art experimental research, theoretical essays, clinical papers, case reports, and commentaries.

Modest membership dues and contributions sustain the Central Office and provide members with a quarterly magazine, *Bridges*. The ISSSEEM Annual Conference, held in Boulder, Colorado, serves as the leading public forum where our mission and our values are exemplified, as well as a place where all of our members and other interested persons are welcomed and educated. Program details are available from the ISSSEEM Central Office.

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