

SOPHISTICATED MEASUREMENT AND PRELIMINARY INVESTIGATIONS: A WIDE RANGE OF SUBTLE ENERGY STUDIES

Bernard O. Williams, Ph.D.

Through the years this journal has published findings and explorations ranging from the highly refined and detailed to very preliminary investigations. This issue again demonstrates that wide diversity.

Two contributions extend the highly complex work with Hiroshi Motoyama's AMI device for assessing energetic processes in meridians.

Koji Tuschiya, Toshiaki Harada and Hiroshi Motoyama have continued their series of studies observing the effects of energy healing. This third installment in the series is an investigation of hypnotherapy. Simultaneous measurements were recorded from both the therapist and the client. Significant synchronous shifts were found in the healer's feet and the client's hands.

Naohiro Nagayama reflects on the meaning of the processes observed with the AMI, in his paper, What is Qi Energy Flow? In more than a decade of studies, several published in this journal in recent years, the AMI has been used to observe the energetic correlates of various organ disease conditions such as viral hepatitis, and medical procedures, observing shifts in electrical potentials along the meridians when an internal organ is subjected to surgical procedures.

Nagayama proposes that Qi energy flow is movement of electric dipoles, generated in the cells. Electric charge generated in the cell is assumed to be transmitted along the cytoskeleton, connected to the extra-cellular matrix via the integrin in the cell surface to the elastin and collagen fibers in the connective tissues of the body. This theoretical interpretation of the electrical phenomena measured with the AMI is consistent with the suggestions of a Living Matrix residing in the connective tissues by James Oschman and Mae-Wan Ho.

In another theoretical contribution, Eugen and Elena Vasilescu reflect on the phenomenon of collateral healing. In work previously published in this journal and elsewhere, the Vasilescus have investigated the use of a radio amplifier to augment psychic communication and healing. In one of the case studies presented here, healing intention was focused on one condition, but the beneficial results were more profound with a different

condition. They interpret this effect as support for their proposal of an organic continuum of interrelation between psychological and parapsychological processes.

Mary Ross and her colleagues report on the effects of color light therapy in their pilot study on The Color Preferences of Treatment Resistant Depressed Patients. They found significant decrease in depression and also a shift in color preference from blue to green. The small population in this pilot study prohibits generalizing the results, but suggests the potential for deeper investigation.

Annett Goggio and Benjamin G. Cohn's study of Stress and Its Energetic Effect in Teens is also very preliminary. We publish it here as an example of an innovative attempt to investigate assessment methods using tools from an energy healing practice. The stress self-assessment developed specifically for teenagers in this study has no normative evaluation, so the study is demonstrative of an innovative approach but not generalizable. Statistically significant relationships were observed between self-reported stress and irregularity in energy flows observed using techniques from the Eden Energy Medicine practice. Extended descriptions of these energetic assessment methods are provided as appendices to the paper.

Midge Murphy has reviewed David Feinstein and Donna Eden's *Handbook for Energy Healing Practitioners: A Guide for the Professional Practice of Energy Medicine and Energy Psychology* and the online practice management *Toolkit for Energy Healing Practitioners*, developed by a collaboration within the Eden Energy Medicine practice community. Midge emphasizes the high importance of ethical practice in an unregulated practice arena such as energy medicine. She also notes the importance of a discussion that is missing from this ethics tutorial that energy healing practitioners need to know ethical violations can lead to legal liability.

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