

---

# SUBTLE ENERGIES & ENERGY MEDICINE

An Interdisciplinary Journal of  
Energetic and Informational Interactions

Volume 10 • 1999

---

## CONTENTS

### Preface

by Steven L. Fabrion, Ph.D. & Patricia Norris, Ph.D. . . . . . i

### Section 1

#### Psychophysics

*An Answer from the Unconscious* by Elmer Green, Ph.D. . . . . . 1

### Section 2

#### Biofeedback & Self-Regulation

Excerpted from: *Self-Regulation of Internal States*  
by Elmer Green, Ph.D., Alyce Green, M.A. & Dale Walters . . . . . 17

*General and Specific Applications of Thermal Biofeedback*  
by Elmer Green, Ph.D. & Alyce Green, M.A. . . . . . 35

*Biofeedback & Yoga* by Elmer Green, Ph.D. . . . . . 46

*Self-Regulation Training for Control of Hypertension*  
by Elmer Green, Ph.D., Alyce Green, M.A. & Patricia Norris, Ph.D. . . . . . 53

*Current Conceptual Trends in Biofeedback and Self-Regulation*  
by Patricia Norris, Ph.D. . . . . . 56

*Biofeedback: Research and Therapy*  
by Alyce M. Green, M.A. & Elmer E. Green, Ph.D. . . . . . 69

*Voluntary Control of Internal States: Psychological and Physiological*  
by Elmer Green, Ph.D., Alyce Green, M.A. & E. Dale Walters . . . . . 71

*Biofeedback and Volition* by Elmer Green, Ph.D. & Alyce Green, M.A. . . . . . 89

*Biofeedback, Consciousness and Human Potential* by Elmer E. Green, Ph.D. . . . . . 95

*Self-Reliance: Now* by Elmer E. Green, Ph.D. . . . . . 110

*The Necessity for Promoting Health: Or, as They Might Say In Washington,  
It's Health Stupid, Not Sickness* by Elmer E. Green, Ph.D. . . . . . 128

*The Esoteric Significance of Biofeedback Training* by Elmer E. Green, Ph.D. . . . . . 134

Section 3

**The Transpersonal, Transformation and Bioenergetic Healing**

*On the Meaning of the Transpersonal: Some Metaphysical Perspectives*  
by Elmer Green, Ph.D. & Alyce Green, M.A. . . . . 138

*The Context, Theoretical Basis, & Professional Implication of Transpersonal Psychiatry* by Bruce Scotton, M.D. . . . . 157

*Biofeedback and Transformation* by Elmer Green, Ph.D. & Alyce Green, M.A. . . . . 175

*Biofeedback and States of Consciousness* by Elmer Green, Ph.D. & Alyce Green, M.A. 180

*Alpha-Theta Brainwave Training: Instrumental Vipassana?* by Elmer Green, Ph.D. 221

*The Work of Eugene Peniston* by Elmer Green, Ph.D. . . . . 231

*Human Potential and Personal Transformation* by Steven L. Fabrion, Ph.D. . . . . 234

*The I Ching Effect* by Elmer Green, Ph.D. . . . . 235

*Copper Wall Research; Psychology and Psychophysics* by Elmer Green, Ph.D. . . . . 238

*Anomalous Electrostatic Phenomena in Exceptional Subjects*  
by Elmer E. Green, Ph.D., Peter A. Parks, M.S., Paul M. Guyer, B.A.,  
Steven L. Fabrion, Ph.D. & Lolafaye Coyne, Ph.D. . . . . 244

*Gender Differences in a Magnetic Field* by Elmer Green, Ph.D., Peter Parks, M.S.,  
Alyce Green, M.A., Paul Guyer, B.S., Steven Fabrion, Ph.D. & Lolafaye Coyne, Ph.D. . . 268

*Effects of Energetic Therapy on Basal Cell Carcinoma*  
by Patricia A. Norris, Ph.D. & Steven L. Fabrion, Ph.D. . . . . 305

*EEG Amplitude, Brain Mapping & Synchrony in & Between a Bioenergy Practitioner & Client During Healing* by Elmer Green, Ph.D. . . . . 317

*Psychophysiology, Psychosynthesis and the Search for Self*  
by Patricia A. Norris, Ph.D. . . . . 321

*Mind Over Matter: Volition and the Cosmic Connection in Yogic Theory*  
by Elmer E. Green, Ph.D. . . . . 339

Section 4

**Beyond Psychophysics**

*Beyond Psychophysics* by Elmer E. Green, Ph.D. . . . . 359

Section 5

**Letters** . . . . . 397

Cover Art

A Hindu Temple at Visakaputnum  
See inside back cover for additional details.